

## Professional Development in Management of Sexual Dysfunction

Compiled by BASHH SIG in Sexual Dysfunction 2022

### What's available?

- PG certificate/ Diploma/ MSc Membership/Accreditation with COSRT or IPM
- Conferences & Study days
- Research forums
- Self-help resources

### Conferences and Post Graduate Courses

This is a list of organisations offering professional development opportunities in the arena of Sexual Dysfunction. The list is not exhaustive and is provided for reference only. Those interested in pursuing further training in SD are advised to contact the organisations directly for further information.

#### **BASHH**

For study days and scientific meeting [www.bashh.org/](http://www.bashh.org/)

#### **BSSM** (British Society for Sexual Medicine)

For annual meetings and webinars [www.bssm.org.uk/](http://www.bssm.org.uk/)

#### **BSSVD** (British Society for the Study of Vulval Disease)

For educational resources including online training and meetings <http://www.bssvd.org/>

#### **COSRT** (College of Sexual and Relationship Therapists, formerly BASRT)

For courses approved by COSRT including PG Diploma and MSc please visit <http://www.cosrt.org.uk/>

#### **ESSM** (European Society for Sexual Medicine)

For ESSM educational activities including EFS & ESSM Certified Psycho-Sexologist (ECPS) Qualification and FECSM (Fellow of the European Board of Sexual Medicine) please visit <http://www.essm.org/>

*Fellowship of the European Committee of Sexual Medicine is the only European exam in Sexual Medicine: The Multidisciplinary Joint Committee of Sexual Medicine (MJCSM), which is supported by the ESSM, offers a qualification examination and ESSM preparation course; for details please follow this link <http://www.mjcsm.org/>*

**IPM** (Institute of Psychosexual Medicine)

For IPM training information please visit <http://www.ipm.org.uk/>  
Seminar based training, involving presentation of cases in a small group. Training opportunities include working towards the IPM diploma (usually 2 years) and further training towards membership (further 2 years)

**ISSM** (International society for Sexual Medicine)

For conferences and meetings <http://www.issm.info/>

### **Guidelines**

**BASHH** [www.bashh.org/](http://www.bashh.org/)

Including recommendations for the management of vaginismus; retarded ejaculation; premature ejaculation and persistent genital arousal disorder

**BSSM** [www.bssm.org.uk/](http://www.bssm.org.uk/)

Treatment Algorithm for Premature Ejaculation.  
Guidelines on Management of Erectile Dysfunction and of Sexual Problems

**BSSVD** <http://www.bssvd.org/>

Standards of care for women with vulval conditions. Guidelines on Management of vulvodynia

### **Additional resources**

#### **Suggested Books**

Human Sexuality & It's Problems. Bancroft J (Churchill Livingstone)

Sex Therapy: A Practical Guide. Hawton, K. (Oxford University Press)

Helping People with Sexual Problems. Trigwell, P (Elsivier Mosby)

PE: How to Overcome Premature Ejaculation. Singer-Kaplan, H

Becoming Orgasmic. Heiman, JR & LoPiccolo J

Vagina: A Re-education. Lynn Enright (Allen & Unwin)

Mind the Gap. Dr Karen Gurney (Headline Home)

See also - IPM Bibliography

#### **Organisations**

Sexual Advice Association <http://www.sda.uk.net/index.php>

Vulval Pain Society <http://www.vulvalpainsociety.org/vps/>