



26th Annual BASHH Conference for SAS Doctors Working in Sexual Health



Nottingham Conference Centre
8th & 9th September 2023

CPD Approval Pending

Please note this conference is sponsored by pharmaceutical and other industry representatives



Programme - Friday 8th September

From 11:30	Arrival
11:30-12:15	Registration, exhibition & lunch
12:15-12:30	Conference opens
12:30-13:10	Lecture: What's new in Genital Herpes? – Emily Clarke
13:10-13:50	Lecture: Reflective Practice – tbc

Breakout Sessions/Workshops

Each of the following workshops is run twice – at 14:00-15:00 and 15:30-16:30

1. Appraisal/Contract - BMA
2. Complex Prep – Vicky Tittle
3. Challenging cases in genital dermatology for the sexual health physician – Sashi Parmeswaran
4. Complex contraception – Sophie Nicholls

16:40-17:20	Lecture: Caring for people with anxiety – John Green
17:20-18:00	Lecture: What's new in contraception – Sarah Hardmann
19:30-23:00	Drinks Reception followed by Conference dinner

Programme – Saturday 9th September

08:45-09:30 Lecture: Journal review – tbc

09:30-10:00 SAS Group Annual General Meeting – Chair: Karl Hollows

Breakout sessions/Workshops

Each of the following workshops is run twice – at 10:00-11:00 and 11:30-12:30

1. Vaginosis/Vaginitis - Sarah Schoeman
2. Proctitis/GI condition in men – Achyuta Nori
3. HIV prevention: Fast track cities – Carlos Oroz
4. Reproductive coercion – Pam Lowe

12.40-13.20 Lecture: Sexual violence guidance – speaker tbc

13:20 Lunch and departure

Conference Organising Group

Dr Anne Oliver - Specialty Doctor, Newcastle-upon-Tyne
Dr Lewis Lau - Specialty Doctor, London
Dr Srinivasulu Narayana - Specialty Doctor, London

Dr Carlos Oroz - Associate Specialist, Edinburgh
Dr Kajal Verma - Specialty Doctor, London

CONFERENCE REGISTRATION

Registration is available online via the BASHH website.

Conference Logistics – bashh-events@moore-insight.com

Conference Fees 2023

FULL Registration includes conference attendance, meals (including conference dinner) and overnight accommodation at the conference venue on Friday 8th September. *Accommodation is included in the FULL conference registration fee at cost from the venue. BASHH make no profit on the sale of bedrooms.* As this event is generously subsidised, we cannot offer any variation on the below conference packages.

EARLYBIRD REGISTRATION – BEFORE MIDNIGHT ON 1ST JULY		
Full Conference and Accommodation Registration	BASHH Member £320	Non Member £350
Conference Only Registration	BASHH Member £215	Non Member £245
REGISTRATION – 2ND JULY TO 6 SEPTEMBER		
Full Conference and Accommodation Registration	BASHH Member £350	Non Member £380
Conference Only Registration	BASHH Member £245	Non Member £275

PLEASE NOTE

Your name, current post and organisation will be included in the list of participants, which will be available to delegates, speakers, and sponsors.

Cancellation Policy

- Cancellation received before the early bird deadline, midnight on 1st July; fee refunded less a cancellation charge of 10%.
- Cancellation received more than 14 days prior to the event start date (25th August); fee refunded less a cancellation charge of 50%.
- Cancellation received less than 14 days before the event start date (26th August); no refund.

Cancellations must be received in writing and sent to the conference administration team. Regrettably, BASHH cannot transfer you to another event or training course if you are unable to attend.



Workshop Summaries

Approaisal/Contract – speaker tbc

Details to follow

Complex PrEp – Vicky Tittle

Details to follow

Challenging cases in genital dermatology for the sexual health physician – Sashi Parmeswaran

Summary

Most clinicians working in Sexual Health Clinics have a fair understanding of genital dermatology. Data suggest that around a quarter of symptomatic patients attending Sexual health clinics have genital dermatology problems. Therefore it is important to be familiar with common presentations of GD as well as less common ones.

Presenter

Dr Sashidharan is Associate Specialist at Homerton Sexual Health Services, London.

He is regional representative on the GUM SAS Doctors' National Executive Committee. He has worked in Dermatology & Venereology in India, Saudi Arabia and UK and is now working in Sexual health at Homerton University Hospital, London.

He has special interest in Genital Dermatology and was Chair of the BASHH Genital Dermatology SIG from 2013-2016. He is actively involved with activities of the SIG including organising BASHH Genital Dermatology Courses since 2010. He sees genital dermatology patients attending the Sexual Health department at Homerton.

He was awarded BASHH Honorary Life Fellow Award in November 2022

Learning objectives

- Be familiar with genital skin conditions presenting in Sexual health clinics
- Be aware of Sexually transmitted infection /Genital dermatology overlap
- Be able to recognise challenging genital dermatology cases presenting in Sexual health clinics

Complex contraception workshop – Dr Sophie Nicholls

Summary of workshop

This interactive workshop will cover aspects of complex contraception based around clinical case scenarios. There will be opportunity for discussion and reflection around the cases within the group and we will also review some of the latest FSRH guidance in relation to these situations.

Presenter

Sophie developed an interest in SRH whilst training as a GP and worked as both a Specialty Doctor in SRH and as a GP for 4yrs before moving to Australia with her family in 2017. There she worked mainly in sexual health, specialising in women's health and vasectomy which included setting up a new Vasectomy service for Family Planning NSW in Sydney. Sophie has been working in Sexual Health in Southampton since returning to the UK in 2019 where she sees a mixture of GUM and contraception patients alongside her weekly Vasectomy operating list. Sophie is the Lead SAS Doctor at the FSRH and represents the FSRH on the SAS committees at both BASHH and the Academy of Medical Royal Colleges.

Learning objectives

- Systematic approach to managing complex contraception cases
- Review of FSRH guidance
- Use of the clinical effectiveness unit at the FSRH

Vaginosis/Vaginitis – Sarah Schoeman

Details to follow

Proctitis/GI condition in men – Achyuta Nori

Details to follow

Fast tracking HIV elimination – Carlos Oroz

Summary

In this interactive workshop we will look at strategies to end new HIV infections by 2030 and explore the principles behind global recommendations to achieve this. Are you familiar with the Fast Track Cities programme and what is the evidence behind its recommendations? Is HIV elimination a real possibility? How can we achieve this? We will discuss the main core preventing activities: HIV testing, treatment as prevention, patient engagement with services, PrEP and management of STI. The workshop will aim also at looking at broader aspects beyond the biomedical model of prevention and explore also other FTC initiatives, like reducing stigma.

Presenter

Dr Carlos Oroz is an Associate Specialist in GUM & HIV. He qualified as a doctor in Spain (University of Zaragoza) and moved to the UK in 1994. Having trained as a GP in the Oxford Region, he combined work in Primary Care, GUM and Family Planning from 1998 to 2005. Based in Edinburgh, he currently leads the Locality Services Team for the Lothian SRH Services. Carlos holds a Diploma in GUM, a PG Diploma in Infectious Diseases and is a Fellow of the Royal College of Physicians in Edinburgh. He is a member of the Fast Track Cities initiative in Scotland.

Learning objectives:

- To be aware of the global and national initiatives to end the HIV epidemic and what are the targets to achieve this
- To learn where does the evidence behind the recommendations for the Fast Track Cities initiative comes from
- To discuss what are the challenges to achieve this and look beyond the biomedical model of prevention

Reproductive coercion – Pam Lowe

Summary

This session will explore the issue of reproductive coercion and abuse (RCA) focusing on the elements that are a specific form of interpersonal abuse which attempts to promote, prevent or control pregnancy through interference, coercion, threats and violence. It will outline how although routine screening for interpersonal violence, such as domestic abuse or child sexual exploitation, is common across reproductive healthcare settings, there has been a lack of focus on less attention to RCA in the UK. It will show how normative assumptions about women, pregnancy and motherhood shape perceptions of whether or not coercion is likely to be an issue, particularly highlighting how this interrelates with stigma around the non-use of contraception and abortion. It will suggest that increasing awareness and support around RCA is important, this needs to happen alongside recognising and challenging stereotypical assumptions about pregnancy.

Presenter

Dr Pam Lowe is a senior lecturer in sociology at Aston University. Her main area of research is around women's reproductive and sexual health. Recent research projects include a longitudinal ethnography of UK anti-abortion activism, and the sexual health of online sex-workers. She is currently working on a British Academy Innovation Fellowship which seeks to develop policy and practice for the identification and safeguarding for reproductive coercion and abuse in healthcare settings.

Learning Objectives



- Participants will have an increased awareness of reproductive coercion and abuse, and to be able to apply this to their area of practice.

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Lecture Summaries

What's new in Genital herpes? - *Emily Clarke*

Summary

A review of recent research in genital herpes and what this means for patient care in clinic.

Presenter

Dr Emily Clarke is a consultant in genitourinary medicine and HIV in Liverpool. She has been a member of the BASHH Herpes Special Interest Group since 2014 and is a co-author of the BASHH herpes guidelines and the IUSTI Europe herpes guidelines. She led the recent rewrite of the BASHH/RCOG herpes in pregnancy guidelines.

Learning objectives

- To gain an understanding of recent research in genital herpes
- To be able to apply findings of recent research to patient care in clinic.

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