President’s Blog October 2019

Rugby, Retirement and Reframing.

At the recent ‘Sparrows and Eagles’ leadership day, I had the honour of giving the after dinner talk on topics close to my heart — rugby being one of them. By the time you read this the Rugby World Cup will be in full swing, and I will be on my ‘retire and return’ month following Team Wales across Japan. The ‘big news’ was the ex-Wales International captain announcing that he was living with HIV. His powerful and impactful documentary ‘HIV and me’ (link to BBC i-player) highlighted the persisting stigma associated with HIV but promoted U=U and living a full healthy life on antiretrovirals. I am aware that many of our members were involved in creating the programme, myself included, and it was great to see BASHH acknowledged in the credits. There is early evidence that the programme has prompted an increase in people seeking advice and HIV testing according to THT. The outpouring of support for Gareth Thomas has been heart-warming. Let’s hope this is indicative of changing perceptions and eliminates the stigma.

Stigma and discrimination prompted the production of a joint statement with BHIVA, NAT, THT and HIV Scotland on the illegality of refusing cosmetic treatments, piercing and tattooing to individuals living with HIV following reports of individuals being declined these procedures. The statement reinforces the need for universal precautions and highlights zero risk.

Reflecting on my 30 year plus career in Sexual Health & HIV medicine, one thing that stands out is our need as specialty to be flexible, to re-frame what we do in light of the challenges we face; especially the changing epidemiology of STIs, the prospect of eliminating new cases of HIV by 2030, the development of vaccines and emerging AI. With the Shape of Training implementation imminent, it seems appropriate that future specialists have the skill set to manage complex manifestations of STIs which may present at the ‘front door’. I’m aware there are divided opinions but we need to encourage doctors into the specialty hence, we are working on a recruitment strategy. I must admit that #Ilovemyjob and whilst I have ‘retired’ i.e. cashed in my pension, I am returning to work 3 days a week. Working flexibly will give me opportunities to get that work/life balance that we all strive for.

The political developments over the summer, has meant that we have not yet received the Government’s response to the
Health and Social Care Select Committee report on Sexual Health. In the meantime we are collating our response to the Public Health Green Paper, which is due in by October 14th – if you have some suggestions you can submit as an individual. Finally, we are about to enter our annual round of elections – the call for nominations will be with you soon – please consider how you can contribute to BASHH by standing for one of the officer posts or as a regional representative. It’s a fantastic opportunity to influence the future.

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BASHH Scientific Meetings

Dates of scientific meetings in 2019 will be:

- No October meeting
- 2020
  - 10 January
  - 6 March
  - No June meeting
- 2 October

Please visit the BASHH website for further information.

BASHH routinely record the presentations from Scientific meetings for members to view via the BASHH website. After logging into the BASHH website please visit and select the meeting you wish to view and click recordings.

ViiV Healthcare have provided funding towards the venue and catering costs of these meetings and will have a promotional stand. ViiV Healthcare have had no input into or influence over the agenda or content.

**BASHH Scientific meeting - 10 January 2020 at the RSM, London**

Part 1: GSM Specialist Interest Group

Chair: Dr Kate Nambiar

Ageing and sex with an LGBT focus

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>13.00</td>
<td>Welcome, Chair</td>
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<tr>
<td>13.05</td>
<td>Tailoring ageing-related concerns to the LGBT</td>
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Part 2: HIV Specialist Interest Group
Chair: Dr Tristan Barber

16.00 - 16.25
Honorary Life Fellow Award Presentation

16.25 - 16.50
Life expectancy for PLWH in the context of the ‘4th 90’
Dr Jaime Vera, Brighton

16.50 - 17.15
ART in older patients – what’s best?
Dr Ranjababu Kulasegaram, GSTT

17.15 - 17.30
Frailty services and coordination of complex care
Cheryl Gowar, National AIDS Trust

17.30 - 18.00
Panel Discussion

18.00 - 19.00
BASHH AGM
Drinks reception

The Board has approved charging non-members £40 so please add this to:
BASHH Scientific meeting - 10 January 2020 at the RSM, London

PLEASE BRING YOUR MEMBERSHIP CARD OR DOWNLOAD YOUR UNIQUE QR CODE TO YOUR DIGITAL DEVICE.

Non-members of BASHH will be charged £40 for attendance at one or both sessions of this meeting, as agreed by BASHH
Board on 13 September 2019. Those who join BASHH on the day will have this fee waived. Payment for attendance or initial membership must be paid by card at booking in.

The HIV & GSM-SIG Presents: Ageing and sex, with an LGBT focus
BASHH Scientific Meeting at Royal Society of Medicine, London on Friday 10th January 2020

HIV & GSM-SIG: Ageing and sex from 13:00 – 17:30, followed by the BASHH AGM

Please click here

** We are looking for SpRs to present interesting older LGBT specific GUM/HIV cases – if interested please contact Dr Matthew Page at matthewpage1@nhs.net **

Latest news

Official Communication from PHE – HepA vaccine for MSM outbreak now exhausted
For dissemination to all services that have been accessing the free PHE HAV vax during the recent outbreak.

The MSM outbreak stock of Hep A vaccine held at PHE is now finished.

Local networks should now revert to usual purchasing from manufactures / wholesalers.

Nationally Approved Patient Group Directions (PGD)
The Specialist Pharmacy Group of the Department of Health have convened a working group to produce a set of PGD. BASHH has 4 representatives on this group. Please watch this space for further developments.

Sexual Health is seeking Joint Editors to join the editorial committee.
The journal publishes original and significant contributions to the fields of sexual health including HIV/AIDS, sexually transmissible infections, issues of sexuality and relevant areas of reproductive health.

Joint Editors have editorial support from CSIRO Publishing, including access to a web-based editorial management system and a dedicated Editorial Assistant based within CSIRO Publishing. Joint Editors also receive a personal subscription to the Journal as a token of appreciation and a small honorarium per paper they manage through review.

For more details see http://www.publish.csiro.au/media/client/SH_JEedduties.pdf

National HIV Testing Week
The campaign briefings for this year’s National HIV Testing Week event are now available via the links in the email below.

Key dates:
Do you want to be more involved with BASHH?

BASHH ELECTIONS 2019
There are a number of posts on the BASHH Board and Clinical Governance Committee due for election to serve for 2 years from the AGM in January 2020. Details have been circulated to members by email and are on the website. Please make your nominations by 25 October.

Webteam chair
Applications are sought from BASHH members for the position of BASHH webteam chair.

The BASHH website is hosted and maintained by the technical team at KSAM (BASHH secretariat) and the webteam chair role involves editorial oversight for BASHH’s website and social media strategy (in conjunction with the BASHH media group chair), this position reports to the BASHH board (co-opted). Candidates would need to commit to the role for a minimum 2 year period.

For informal discussions please contact the current webteam chair, Dr Martyn Wood wood@bashh.org

To express interest in the role please submit a short personal statement (no more than 1 side of A4), outlining your interest for the role to admin@bashh.org

Could you be mentor for a doctor working in sexual health?
The Mentoring Group are looking for new mentors for the BASHH BHIVA FSRH Mentoring Scheme in most regions across the UK.

If you have at least 5 years’ experience working at consultant or SAS doctor level in sexual health / HIV and would like to use your experience and understanding to support the development of a colleague, we would like to hear from you.

If you have no prior training in mentoring, this can be gained by attending our one-day course on 6th December 2019.

Please contact Dr Emma Fox at emma.fox2@nhs.net for further information or to express an interest.

NURSING ASSOCIATES SURVEY
The Sexual Health Adviser and Nurses Group are looking into the new role of Nursing Associate, and how this role may be utilised within Sexual Health.

We would really appreciate all BASHH members taking time to complete this short survey to see how many trusts are already using NAs or are likely to in future. https://www.surveymonkey.co.uk/r/NCPXZY8

Feel free to circulate to other team members and colleagues.
For the latest news from HIV Prevention England please go to their [website](https://www.hivprevention.org.uk/)

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**Upcoming Events and Courses**

**STIF Competency Train the Trainer workshop – LONDON 2020**
The London STIF Competency Train the Trainer workshop will be held on Friday 6 March 2020 at the Royal Society of Medicine. 09.30 – 12.45

Registration fee: £75.00

This half day practical workshop is recommended for GUM medical and nurse consultants, SAS doctors and clinical nurse specialists involved in training and assessing doctors and nurses within their own departments. It provides guidance about running the STIF Competency training and assessment programmes and how to use the assessment tools. Attendance at the workshop is a requirement for STIF Competency Trainer registration.

**Mentoring Skills Training Workshop 6th December – registration now open**
The Mentoring Group are running a one-day workshop in London to equip doctors working in sexual health / SRH / HIV with the knowledge and skills to mentor other doctors, or to update their skills in this area. Consultants, SAS doctors and doctors in training are all welcome.

Time: 09.00 - 16.30
Cost: £100

Registration is now open via the FSRH [here](https://www.fsrh.org/events/mentoring-skills-for-gum-srh-and-hiv-doctors-6-december-2019/)

If you have any queries please email either Dr Emma Fox at [emma.fox2@nhs.net](mailto:emma.fox2@nhs.net) or Mitesh Chauhan for FSRH at [specialtyofficer@fsrh.org](mailto:specialtyofficer@fsrh.org)

**9th BASHH Genital Dermatology Course Friday 18th October 2019**
There are still a few places available for this course, organised by the Genital Dermatology Special Interest Group of the British Association of Sexual Health & HIV (BASHH),

Date: 18/10/2019
Venue: NVCO Centre, London

Further information and registration coming soon at: [https://wwwBASHH.org/events/training-courses-and-meetings/9th-bashh-genital-dermatology-course-2019/](https://wwwBASHH.org/events/training-courses-and-meetings/9th-bashh-genital-dermatology-course-2019/)
“Supervising to Safeguard in Health Organisations”- safeguarding supervision training organised by BASHH Adolescent Special Interest Group

It is recommended that all those involved with safeguarding children and young people should have at least annual safeguarding supervision. This is to enable adequate exploration of the issues raised, to ensure local safeguarding procedures are followed and to ideally to provide psychological support to the staff member.

ASIG have organised training for a small group of 20 participants with specific reference to health. This will be run by In-Trac who are experienced in providing supervision training.

http://www.in-trac.co.uk/training/childrens/supervision/supervision-in-health-care-settings

Please register via the BASHH website

ABC of Sexual Dysfunction Study Day
Thursday 7th November 2019 20 Cavendish Square, London W1G 0RN (Royal College of Nursing)

We are pleased to inform you that the Sexual Dysfunction Special Interest Group of BASHH are running another ABC of Sexual Dysfunction study day. This popular educational meeting offers an introduction to the latest information on the assessment and management of common sexual problems but is also useful to update and refresh current practice. Educational content is relevant to doctors, nurses, health advisers, psychologists, sex and relationship therapists and other professionals with an interest in this dynamic field.

Programme: A provisional programme is available to view; please click here

Registration: Registration will be available online shortly.

Due to the popularity of this meeting, please consider early registration.

BASHH STI/HIV Module Course

This course covers the in depth knowledge of STIs, HIV and their management. It is highly recommended for those who intend to sit the Diploma in GU Medicine and Diploma in HIV Medicine exams although it has been designed to cover the wider GU SpR curriculum with mapping to both the programme and e-lfh modules. It may therefore also be suitable for other trainees such as those RSH trainees or other senior healthcare professionals who wish to further their professional development. It is modular, enabling applicants to attend some, or all of the modules.

The dates for the last 2 modules for 2019 (HIV and other viral infections Modules) are:
11 – 12 November 2019 (Module 3 – other viral infections)
13 – 15 November 2019 (Module 4 - HIV)

This year we have again been awarded an education grant for Module 4 which will allow funded places for specialist allied health professionals working within HIV such as specialist pharmacists or Clinical Nurse Specialists who have their own cohort of patients. There are still a few places remaining so if you wish to take up one of these funded places or for any other queries, please email Dr Ngozi Dutty on the contact details below.

Dr Ngozi Dutty - ngozi.dufty@nhs.net

Save the Date – HIV Masterclass 2020

The eagerly anticipated BASHH HIV Masterclass will move to Sheffield for the 19-20th March 2020. Following on from the success of last year's meeting, this Masterclass will include medical updates on topics related to HIV as well as interactive case-based discussions and sessions on ethical and psychosocial aspects of long-term care for PLWH.
In order to avoid disappointment, we recommend registering early.

After careful consideration of feedback in recent years, we have decided to continue with a small charge for the Masterclass. We still feel this offers excellent value as it includes 2 days of education, a night of accommodation, all daytime refreshments, breakfast and dinner. Discounted rates will be available for BASHH Members.”

**Doctors in Training (DIT)**

Save the Date: 6th June 2020, Bournemouth International Centre, for the annual preBASHH DIT training day. The program is already looking fabulous.

Work is continuing to produce a supporting document for those current trainees who may wish to consider a CESR in General Internal Medicine.

Opportunity to help with @BASHH_trainees Twitter account. Please contact trainees@BASHH.org if you are interested in supporting this.

We are putting together a short newsletter to celebrate the achievements of GU trainees across the countries. If you have anything you would like to share or promote within our group then please email trainees@BASHH.org with the details.

If you are not on the national trainee email distribution list and wish to be, then please email trainees@BASHH.org with your details. It’s a great way to keep informed of training and professional opportunities.

**Joint BASHH/BHIVA One day Diploma in HIV Medicine update**

Join us in Manchester on Monday 13th January for the Joint BASHH/BHIVA One day Diploma in HIV Medicine update.

This course was developed by both associations to help prepare candidates for the Diploma in HIV Medicine examination. It aims to refresh some of the common topics that come up in the exam with a focus on the OSCE part of the examination.

Provisional Programme (0900-1630)

Topics include:
- New antiretroviral drugs and trials
- HIV/Hepatitis co-infection
- Specific groups of people living with HIV
- Complications of HIV infection
- Understanding HIV resistance
- Management of opportunistic infections
- Drug interactions and pharmacokinetics
- OSCE case-based discussion, BOS5 tips

The course fee will be £90 and registration will be online via the BASHH website here.

**STI Vaccine Workshop: Innovations for impact**

Date: Wednesday October 16th 2019, 14:00-17:00

Venue: Birkbeck Room B35, Malet Street, London

Aim: To showcase innovation in the development of vaccines for sexually transmitted infections, assess their future impact and identify/address potential bottlenecks in their development and implementation in the context of the recently developed WHO roadmap for STI vaccines

Sami Gottlieb from WHO will be giving the opening talk, and there will be disease-specific presentations by leading
researchers. The expected outcomes of the discussion are to identify bottlenecks and facilitators of vaccine development and implementation, and to make an action of plan of what LSHTM and collaborators can do to fill the gaps.

**Gilead Sciences The Summit 2019**

Gilead is delighted to invite you and your team to the 6th annual Summit, an educational event that provides an opportunity for healthcare professionals working in HIV to learn, share best practice and explore models of care for the changing needs of people living with HIV now and for the future.

Date: Saturday 16th November Time: 08:30 – 17:00
Venue: The Royal Society, 6-9 Carlton House Terrace, St James’s, London, SW1Y 5AG
Chair: Professor Jane Anderson

Including sessions from:
- Prof. Jane Anderson
- Dr Mike Brady
- Bruce Richman
- Rebecca Tallon de Havilland
- Sasha Goodman
- Dr Rageshri Dhairyawan
- Nick Southgate
- Dr Giovanni Guaraldi

To confirm your attendance, please email summitrsvp@fourhealth.net

**FSRH Current Choices 2019 – network with 300+ SRH professionals**

Current Choices, organised by the Faculty of Sexual and Reproductive Healthcare (FSRH), takes place on 21-22 November in London.

Over 300 sexual and reproductive healthcare professionals will be there to debate the future of service provision, leadership and workforce.

You will hear the latest SRH developments including contraception; HRT and menopause, SRH services and young people; HIV; cervical screening; abortion care and more.

You’ll also find out how to improve your resilience and well-being.

Special rates are available for FSRH members. To find out more, visit www.fsrh.org/CurrentChoices19

**For all the latest information on BAD conferences, meetings & events, please go to**
http://www.bad.org.uk/events
Consultations & Guidelines

2019 UK National Guideline for consultations requiring sexual history taking.
The 2019 UK National Guideline for consultations requiring sexual history taking, led by Gary Brook, is now out for consultation. It can be accessed here. Please complete the review form if you have any comments and send it to Ann.Sullivan@chelwest.nhs.uk

Updated BASHH Vulvovaginal Candidiasis Guideline available online
The BASHH national guideline for the management of vulvovaginal candidiasis (2019) is now available online.

Help wanted
BASHH members are asked to ensure that their details are correct in the BASHH database, by accessing your profile on the BASHH website

WE NEED YOU TO UPDATE THE CLINIC FINDER ON THE BASHH WEBSITE
In times of fast changing services BASHH rely on members reviewing and updating their clinic details on the BASHH website, please can you take the time to check your clinic's entry at http://www.bashh.org/clinics and if any changes are needed, please complete the form by using this link or contact admin@bashh.org with the new details.

Diary Dates

2019

VPS Conference - 5 October in Leeds

STI Vaccine Workshop: Innovations for impact - 16 October in London

9th BASHH Genital Dermatology Course - Friday 18th October 2019

UCL Research Methods Course, 28 - 31 October in London

STIF Competency Train the Trainer workshop - Birmingham on 7 November

ABC of Sexual Dysfunction Study Day, 7 November 2019 at 20 Cavendish Square, London W1G 0RN (RCN)
5th European High Resolution Anoscopy Course, 7-8 November in London

South West BASHH Education meeting - 13 November in Somerset

Cheltenham Contraception & Sexual Health Study Day - 21 November

Mentoring Skills Training Workshop - 6th December in London

Challenges in HIV 2019 - 11 December in London

2020

BASHH Scientific Meeting - 10 January at the RSM, London

Sexual Offences: Working Together Best practice update for Scotland - 24 January in Glasgow

Scientific meeting - 6 March at RSM, London

HIV Masterclass 2020 - 19-20 March in Sheffield

Northern Professional Development Conference - 18-20 May in Manchester

Doctors in Training (DIT) - 6 June in Bournemouth

BASHH Scientific meeting - 2 October at RSM, London

The deadlines for newsletters in 2019, please make a note in your calendar to ensure that news items are received promptly

27 November
Established 2003 through the merger of MSSVD (est.1922) and ARUM (est.1992)

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