

Programme – LEADERSHIP COURSE

Wednesday 9 Dec 2026

Co-Chairs: Professor Simon Barton, Regional Director of Specialised Commissioning NHS England and Dr Liz Foley, Consultant HIV/GUM HIOWH NHS Foundation Trust.

09.30 – 10.00 **Registration and Welcome breakfast**

10.00 – 10.30 **The Challenges**

Professor Simon Barton, Regional Director of Specialist Commissioning NHS England.

10.30 – 11.45 **Shifting Sands – How to adapt to a changing landscape**

Dr Alison Blume, Consultant in GU Medicine, Hampshire & Isle of Wight Healthcare NHS Foundation Trust, and Ian Jackson Director of Contract and Planning – London Specialist Commissioning Directorate, NHS England

11.45– 12.00 **NETWORKING BREAK**

12.00 – 13.15 **From Trainee to Consultant : Making the Shift – 10 Top Tips**

Dr Johnny Boylan, Consultant Physician in Genitourinary Medicine, St James Hospital Dublin

13.15– 14.15 **LUNCH**

14.15 – 15.30 **Understanding Burnout**

Dr Katherine Coyne, Consultant in Sexual Health and HIV, Homerton University NHS Hospital Trust and Dr Gaya Beamont, Consultant in palliative care medicine

15.30 – 16.30 **How to be an effective supervisor**

Dr Sophie Forsyth, Consultant Sexual Health/HIV, Great Western Hospital NHS Foundation Trust, Swindon

16.30 – 16.45 **NETWORKING BREAK**

16.45 – 17.45 **Future of HIV Care**

Dr Tristan Barber, Consultant in HIV Medicine, Honorary Associate Professor at UCL, Chair of BHIVA

18.30 – 19.00 **Welcome drinks with the Co-Chairs, Faculty and Delegates**

19.00 – 21.00 **Working Dinner, My Leadership Journey and What I Learnt**

Speaker to be announced

Thursday 10 Dec 2026

09.30 – 10.30 **Preparing for consultant interview**

Dr Liz Foley, Consultant HIV/GUM HIOWH NHS Foundation

10.30 – 11.30 **Demystifying NHS finances**

Helen Jameson, Chief Finance Officer and Deputy CEO Royal National Orthopaedic Hospital.

11.30 – 11.45 **NETWORKING BREAK**

11.45 – 13.00 **The Rise and Decline of the NHS – where next?**

Professor Sir Chris Ham, Political Scientist.

13.00 – 13.45 **LUNCH**

13.45 – 17.00 **Interview sessions**

17.00 – 17.30 **Reflections and Closing**

Professor Simon Barton, Regional Director of Specialist Commissioning NHS England.