

# BASHH



## BASHH SAS Conference 2025

12th - 13th September 2025

Pendulum Hotel and Manchester Conference Centre

### Conference Information

Registration is available online via the BASHH website.

**Conference Logistics:** [bashh-events@moore-insight.com](mailto:bashh-events@moore-insight.com)

This programme is subject to change at the Conference Organisers discretion

[www.bashh.org](http://www.bashh.org)

**CPD:** 'BASHH SAS Conference 2025' (**code: 152732**) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 9 category 1 (external) CPD credit(s). Full conditions of approval are listed in our [guidelines](#).

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## Friday 12<sup>th</sup> September 2025

Time	Session	Speaker
11:30	Registration, lunch & exhibition viewing	
12:30 – 13:10	<p>Lecture 1:</p> <p><b>The Importance of Sexual Pleasure</b></p> <p>A look at the importance of our own history and cultural influences on our learning about sex as Health Care Professionals and to explore how much of our knowledge is based on social and cultural conditioning vs scientific knowledge.</p> <p>This will be followed by a brief overview of what we currently understand about sexual wellness, with a focus on sexual pleasure, to encourage more sex positive consultations with our patients.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"><li>• To reflect on our own learning and consider our bias when consulting about sex</li><li>• To have a better understanding of the drivers of sex, including pleasure</li><li>• To appreciate that 'the orgasm gap' exists and the reasons for this</li></ul>	<p><b>Naomi Sutton - Integrated Sexual Health Services Rotherham</b></p> <p>Dr Naomi Sutton qualified in 2003 from Sheffield medical school, completing her Membership of the Royal College of Physicians in 2006. She went on train in Genito-Urinary Medicine gaining further accreditations in this speciality before taking up her consultant post at Rotherham Integrated Sexual Health Services in 2016. Wanting to better understand the complexities of sexual problems, she developed a passion for psychosexual medicine, attending the ESSM School of Sexual Medicine in Budapest and going on to pass the Fellow of the European Society of Sexual Medicine exam.</p> <p>Naomi is passionate about education and raising awareness of her speciality. She appeared as the Doctor on the TV series 'The Sex Clinic' and 'Steph's Packed Lunch' and features on several podcasts talking about her speciality. Naomi speaks locally and nationally with the aim of reducing stigma and enhancing patient experience by improving knowledge around all aspects of Sexual Health.</p>
13:10 – 13:50	<p>Lecture 2:</p> <p><b>PrEP</b></p> <p>Injectable PrEP offers opportunities to reach populations who are currently under-represented in PrEP user cohorts but involves significant costs and practical challenges. The 2025 BASHH/BHIVA Guidelines use recent evidence to allow new oral PrEP dosing options for all users, and the taking of PrEP tablets after a potential exposure. These can increase PrEP equity but may raise concerns about efficacy for users and clinicians.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"><li>• Understand the dosing options for on-demand and TTSS PrEP for different users.</li><li>• Describe the rationale for taking PrEP tablets after a potential exposure and the indications for PEP in PrEP users.</li></ul>	<p><b>Dan Clutterbuck - NHS Lothian</b></p> <p>Dr Dan Clutterbuck has been a Consultant in Genitourinary and HIV medicine since 2001. He has interests in HIV prevention and the sexual healthcare of gender and sexual minorities. He co-chaired the 2025 UK PrEP Guideline writing group and Co-Chairs Scotland's HIV Transmission Elimination Delivery plan Implementation group (HIV-TEDI) and SHBBV Strategic Leads.</p>

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Workshops will run at 14:00 and 15:30 for 1 hour  
Refreshments & exhibition viewing at 15:00

14:00 – 15:00 & 15:30 – 16:30	<p>Workshop 1: <b>Pelvic Pain and PID</b></p> <p>This will be an interactive workshop focusing on the management of PID in sexual health clinics. Through a series of cases, we will discuss the evidence behind the potential causes, the challenges in the diagnosis and the treatment options, as well as review the epidemiology of PID and its implications for reproductive health.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• To reflect on an approach on the management of pelvic pain and PID</li> <li>• To review the evidence behind the causes, diagnosis and treatment options</li> <li>• To highlight the importance of PID in relation to reproductive health</li> </ul>	<p><b>Carlos Oroz – Chalmers Centre, Edinburgh</b></p> <p>Dr Carlos Oroz is an Associate Specialist in GUM &amp; HIV. He qualified as a doctor in Spain (University of Zaragoza) and moved to the UK in 1994. Having trained as a GP in the Oxford Region, he combined work in Primary Care, GUM and Family Planning from 1998 to 2002. He has been working in Chalmers since 2006. Carlos has held various positions at BASHH (SAS representative for Scotland and member of the Educational Committee) and is currently a member of the BASHH SAS Annual Conference Organising Committee. He was the lead author for the audit on the management of PID in GUM clinics in the UK published in 2012. Carlos holds a Diploma in GUM, a PG Diploma in Infectious Diseases and is a Fellow of the Royal College of Physicians in Edinburgh.</p>
14:00 – 15:00 & 15:30 – 16:30	<p>Workshop 2: <b>Menopause</b></p> <p>We all see people with menopausal symptoms in our practice and in our friends and colleagues. Patient expectation is high as to the effectiveness of HRT for managing symptoms. And there is a popular narrative that without HRT we are not healthy. This session aims to give a realistic perspective.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• Be aware of the range of menopausal symptoms and their impact on people's lives, the available management options (including HRT), the limitations of these, and how we might troubleshoot side effects and bleeding problems on HRT.</li> <li>• Know about the impact of menopause on vaginal and urinary tract health and how to prevent and manage genitourinary symptoms of menopause effectively.</li> <li>• Be aware of some of the things that are commonly overlooked in menopause care – like contraception and drug interaction</li> </ul>	<p><b>Sarah Hardman – NHS Lothian</b></p> <p>Dr Hardman is a Specialty Doctor at the integrated Chalmers Sexual Health Centre in Edinburgh where she is lead Menopause clinician for Lothian. She has specialised in menopause care for almost 20 years. Her other special interest is complex contraception: she was lead development of the FSRH clinical guidelines for 10 years until 2024.</p>
14:00 – 15:00 & 15:30 – 16:30	<p>Workshop 3: <b>Complex Contraception</b></p> <p>This interactive workshop will cover aspects of complex contraception based around clinical case scenarios. There will be opportunity for discussion and reflection around the</p>	<p><b>Sophie Nicholls – Hampshire &amp; Isle Of Wight Trust</b></p> <p>Sophie developed an interest in sexual and reproductive health during GP training and has worked in both fields across the UK and Australia. In 2016, she trained in vasectomy and went on to establish a new Vasectomy Service for Family Planning NSW in</p>

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	<p>cases within the group and we will also review some of the latest FSRH guidance in relation to these situations.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• Systematic approach to managing complex contraception cases</li> <li>• Review of FSRH guidance</li> <li>• Where to source help in difficult situations</li> </ul>	<p>Sydney before returning to the UK in 2019. She currently works for the Southampton Sexual Health Service, seeing GUM and complex contraception patients, and performs weekly vasectomy procedures in Buckinghamshire.</p> <p>Until 2024, Sophie was the FSRH SAS Lead Doctor and founded the Faculty's first SAS committee. She also represented the FSRH on SAS committees for BASHH and the Academy of Medical Royal Colleges.</p> <p>Sophie has contributed to vasectomy guidelines and service standards and is now developing e-learning modules. She has presented at annual National Vasectomy Conferences, been interviewed by BBC News, and collaborated with @TheLowdown on a vasectomy video and their recent book on contraception.</p>
14:00 – 15:00 & 15:30 – 16:30	<p>Workshop 4: <b>Non- gonococcal urethritis</b></p> <p>Non-gonococcal urethritis is our "bread and butter" of the sexual health clinic- and yet it always manages to throw us curve balls every now and again! Join us as we work through some trickier cases exploring the aetiologies, management and follow-up care of NGU.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• Understand causes of urethritis when common pathogens have already been excluded</li> <li>• Apply evidence based strategies for diagnosing and managing NGU including cases of persistent or recurrent infection</li> <li>• Appreciate other strategies that may address patients concerns of persistent symptoms</li> </ul>	<p><b>Megan Crofts – University Hospitals Bristol and Weston NHS Foundation Trust</b></p> <p>Dr Megan Crofts is a Consultant in Genitourinary medicine, and Clinical Lead of sexual health in Bristol. She is the current lead author of the BASHH NGU guideline, due out in 2025. Her interests include NGU and chronic genital discomfort.</p>
16:40 – 17:20	<p>Lecture 3: <b>Mpox Update</b></p> <p>An update on the global outbreak of Clade I and II Mpox, and the impact on UK sexual health services</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• Mpox - history, epidemiology</li> <li>• The geographical differentiation in Mpox clades</li> <li>• Managing sexually transmitted infection outbreaks</li> </ul>	<p><b>Joseph Heskin - Chelsea and Westminster NHS Foundation Trust</b></p> <p>Joseph is a Consultant in GUM and HIV at 10 Hammersmith Broadway Clinic. He completed his training at Chelsea and Westminster Hospital undertaking Fellowships in Viral Diagnostics, and Public Health. He identified the first case of sexually transmitted Mpox in the UK outbreak.</p> <p>His interests include care in detained and deprived populations, and he provides an in-reach service at HMP Wormwood Scrubs. He is a forensic physician at The Havens SARC in London, and a clinical tutor at Imperial College Medical School.</p>

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17:20 – 18:00	<p>Lecture 4:  <b>Epidemiology of HIV, syphilis and hepatitis B in pregnancy</b>            This session will provide a comprehensive overview of the epidemiology of HIV, syphilis, and hepatitis B in pregnancy in England, with a focus on national surveillance data and vertical transmission outcomes. Drawing on data from the NHS Infectious Diseases in Pregnancy Screening Programme (IDPS) and the Children's HIV and AIDS Reporting System (CHARS), the session will explore how these infections are monitored during pregnancy, highlight current trends in prevalence, and examine vertical transmission rates.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• Understand the national surveillance systems used to monitor HIV, syphilis, and hepatitis B in pregnancy in England, including data sources and collection methods.</li> <li>• Engage with current epidemiological trends and vertical transmission rates of HIV, syphilis, and hepatitis B in the antenatal population, using national data.</li> <li>• Develop an awareness of the investigation and management of confirmed or suspected cases of vertical transmission, and recognise their implications for clinical practice and public health.</li> </ul>	<p><b>Helen Peters and Kate Francis</b>            Helen Peters is the Manager of two national maternal and paediatric surveillance programmes: the Integrated Screening Outcomes Surveillance Service (ISOSS) and the Children's HIV and AIDS Reporting System (CHARS), both based at UCL Great Ormond Street Institute of Child Health. With a background in epidemiology and data management, Helen studied Statistics and completed a Master's in Biometry at the University of Reading.</p> <p>Kate Francis coordinates the surveillance of HIV, syphilis and hepatitis B for NHS England's Infectious Diseases in Pregnancy Screening Programme through the Integrated Screening Outcomes Surveillance Service (ISOSS). She also coordinates the Children's HIV and AIDS Reporting System (CHARS). She has extensive experience in the field of infectious diseases in maternal and child health at UCL Great Ormond Street of Child Health. Kate draws on her longstanding relationships with antenatal screening, sexual health and paediatric infectious disease teams across the country to lead the investigations of the vertical transmissions Clinical Expert Review Panels.</p>
19:30	Gala Dinner	

## Saturday 13<sup>th</sup> September 2025

Time	Session	Speaker
08:45– 09:30	<p>Lecture 1:  <b>HIV Update</b>            This will be an update in HIV including testing, prevention and treatment options.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• Describe trends in testing and new diagnoses</li> <li>• Describe options in PrEP and when to choose them</li> <li>• Recognise first line options in HIV therapy</li> </ul>	<p><b>Cara Saxon – Sandyford Sexual Health Services</b>            Cara is the current General Secretary of BASHH and a consultant in Genitourinary and HIV medicine at Sandyford Sexual Health Services and The Brownlee Centre in Glasgow. Cara trained in Genitourinary Medicine in the North West of England and worked as a Consultant the Greater Manchester area for 9 years before relocating to Scotland in February 2023. Cara has a clinical interest in recurrent vulvovaginitis and is lead author of the BASHH guidelines on the management of vulvovaginal</p>

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		candidiasis. Cara has been a member of the BASHH Clinical Effectiveness Group since 2018 and is editor of the BASHH patient information leaflets as part of the CEG group.
09:30 -09:45	Lecture 2: <b>AGM</b>	<b>Karl Hollows - Midlands Partnership University NHS FT</b> SAS group Chair: January 2023 - present
09:45 -10:00	<b>STI Foundation</b>	
Workshops will run for 1 hour at 10:00 and 11:30 Refreshments and exhibition viewing at 11:00		
10:00 – 11:00 & 11:30 – 12:30	Workshop 1: <b>Ethical issues in Sexual Health</b>  <b>Learning Objectives</b> <ul style="list-style-type: none"> <li>Recognise and analyse the ethical issues raised in the discussion</li> <li>Offer and appraise justifications to defend decisions made in the discussion</li> </ul>	<b>Katie Frankland – Institute of Medical Ethics</b> Katie Frankland is a PhD student at the University of Leeds studying medical law and ethics with a focus on inpatient autonomy. Katie sits on the Mid Yorkshire Teaching NHS Trust's ethics advisory committee and is a trustee and deputy treasurer for the Institute of Medical Ethics (IME). She is the Head of Office at NHS England for the national Mental Health and Learning Disability and Autism programmes. Katie has worked in the NHS her entire career, starting as a paediatric phlebotomist and working through various operational roles until she took a change in direction, completing her postgraduate diploma in law in 2020 and moving from NHS trusts to NHS England. Katie also holds a BA (hons) in Music (opera), a MSc in Health Care Management and a LLM in Medical Law and Ethics. In her spare time Katie is working on completing all the Yorkshire Parkruns and raising a strong willed three year old.
10:00 – 11:00 & 11:30 – 12:30	Workshop 2: <b>Complex GUM</b> Case presentations and discussion of complex GUM cases  <b>Learning Objectives</b> <ul style="list-style-type: none"> <li>Appreciate complexities of a selection of GUM presentations</li> <li>Discuss alternative management strategies</li> </ul>	<b>Margaret Kingston - Manchester University NHS Foundation Trust</b> Consultant Physician Manchester 22 years, Chair BASHH CEG, Director Undergraduate Medical Studies
10:00 – 11:00 & 11:30 – 12:30	Workshop 3: <b>GMC standards and how we deal with concerns</b> This interactive session, "GMC Standards and How We Deal with Concerns," will provide a clear overview of the GMC's professional standards and how concerns about doctors are handled. It will clarify what happens when a concern is raised, how decisions are made,	<b>Tarryn Lloyd Payne - GMC Outreach Regional Liaison Adviser, North of England</b> Tarryn Lloyd Payne is a GMC Outreach Regional Liaison Adviser working across the North to support doctors through education, engagement, and professional development. Training focuses on

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	<p>and the safeguards in place to ensure a fair and supportive process. The session will address common misconceptions and offer reassurance about the GMC's role in supporting doctors and protecting patients.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>To better understand how professional standards are applied when dealing with complaints and concerns about doctors.</li> <li>To gain clarity on how the GMC assesses and manages concerns, including the key stages of the process and the support available.</li> </ul>	<p>professional standards, ethical practice, and raising concerns, tailored to all career stages.</p> <p>This work includes supporting and delivering to doctors, developing case-based learning tools, and contributing to national initiatives such as GP induction and medical leadership programmes.</p> <p>Committed to inclusivity, collaboration, and high-quality care, Tarryn helps foster a positive and supportive culture of regulation across the medical profession.</p>
10:00 – 11:00 & 11:30 – 12:30	<p>Workshop 4: <b>Genital Ulcerative Disease</b></p> <p>This will be an interactive workshop focusing on the assessment and initial management of people with genital ulcer disease.</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>To strengthen skills in assessment and initial management of people presenting with genital ulcer disease.</li> <li>To have a greater understanding of emerging and rarer infectious causes of genital ulcer disease (GUD) as well as non-infections causes of GUD.</li> </ul>	<p><b>Patrick French - The Mortimer Market Centre, Central and North West London NHS Trust</b></p> <p>Patrick French is a consultant in sexual health and HIV at the Mortimer Market Centre and an honorary Senior Lecturer at UCL. He is a member of BASHH UK Syphilis Guideline group and an External Expert of the CDC (U.S.) Syphilis Guideline Group.</p>
12:40 – 13:20	<p>Lecture 3: <b>Update on Gonorrhoea Guidelines</b></p> <p>This session will provide a summary of the updated BASHH Guidelines on the management of infection by Neisseria gonorrhoeae and the UK gonorrhoea vaccination programme.</p> <p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an overview of the updated BASHH guideline on the management of infection by Neisseria gonorrhoeae.</li> <li>To understand the investigation and management of Gonorrhoea</li> <li>To be aware of the UK Gonorrhoea vaccination programme.</li> </ul>	<p><b>Azam Ismail - Sexual Health Sheffield</b></p> <p>Dr Azam Ismail is a Specialty Registrar in GUM at Sexual Health Sheffield. He has an interest in bacterial STIs and is a contributing author of the BASHH guideline for the management of infection by Neisseria gonorrhoeae 2025.</p>
13:20	Lunch and departure	

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# Sponsors

## BPAS

BPAS is the UK's leading independent reproductive healthcare charity. Providing services for 54 years, we are proud to say, currently almost exclusively on behalf of the NHS. We care for more than 100,000 clients per year via Telemedical Services and a network of clinics across Britain.

Please visit our website [www.bpas.org](http://www.bpas.org) for more information about our services or email our Business Development Manager – Nick Bates @ [Nick.Brannen-Bates@bpas.org](mailto:Nick.Brannen-Bates@bpas.org)



## Gedeon Richter

Gedeon Richter have a presence in over 100 countries worldwide and have been working to change lives for the better since 1901. We are one of the few companies in the world to offer a comprehensive portfolio for women; our R&D team continue to innovate and extend our gynaecological, fertility and osteoporosis portfolio, aiming to address women's healthcare needs in these areas. Our ambition is to help women achieve theirs.

April 2022, UK-GED-2200035

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Gilead Sciences, Inc. is a biopharmaceutical company that has pursued and achieved breakthroughs in medicine for more than three decades, with the goal of creating a healthier world for all people. The company is committed to advancing innovative medicines to prevent and treat life-threatening diseases, including HIV, viral hepatitis, COVID-19, and cancer. Gilead operates in more than 35 countries worldwide, with headquarters in Foster City, California. For more than 30 years, Gilead has been a leading innovator in the field of HIV, driving advances in treatment, prevention, testing and linkage to care, and cure research. Today, millions of people living with HIV globally receive antiretroviral therapy provided by Gilead or one of the company's manufacturing partners



## Kora Healthcare



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Kora Healthcare are pleased to present our warts management product Catephen® (<https://www.medicines.org.uk/emc/product/1894>), which is included in the BASHH guidelines (<https://www.bashhguidelines.org/current-guidelines/skin-conditions/anogenital-warts-2015/>)

### **Espère Healthcare Ltd**

Espère Healthcare Ltd has been dedicated to improving lives through our products, people, attitude, service, and activities.

We specialise in registered medical devices that effectively treat persistent skin conditions.

We have earned a reputation for providing evidence-based, impartial advice and prompt delivery.

Products include, Verrutop which has been included in the latest BASHH (British Association for Sexual Health and HIV) Guidelines as a recognised treatment option for ano-genital warts.

### **STI Foundation**

The STI Foundation provides multidisciplinary training in the skills and knowledge required for the prevention and management of sexually transmitted infections, in the form of the STIF Theory Course and the STIF Competency Programmes. STIF Competency is a nationally recognised training and assessment qualification in sexual health for healthcare professionals in management of people with STIs and is a workplace-based training package involving tailored one-to-one clinical training and assessment by specialists within a sexual health clinic setting.

STIF Advanced Competency is designed for Specialist Sexual Health nurses and SAS or LED grade doctors working in GU Medicine as an alternative to the DipGUM exam process.



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