

BASHH



An ABC of Sexual Function & Wellbeing

Celebrating diversity, connection and sexual fulfilment

18th September 2026

The Wesley Hotel, 81-103 Euston Road, London, NW1 2E

Conference Information

Registration will open in the coming months.

Conference Logistics: bashh-events@moore-insight.com

Join us for a bold, contemporary study day exploring inclusive approaches to sexual wellbeing – packed with practical insight, expert perspectives, and fresh ways of thinking.

This dynamic and much anticipated event invites you to rethink how we talk about, understand, and support people with sexual concerns. Designed for clinicians who want to move beyond dysfunction and deficit-based models, the day blends expert led plenaries with interactive workshops grounded in practical, real-world and sex-positive care.

Expect thought provoking conversations and evidence informed insights without pathologising difference that reflect the diversity of sexual lives—leaving you better equipped, more confident, and genuinely inspired to enhance both professional confidence and patient care.

CPD: CPD is currently pending for this event.

This meeting has been supported by pharmaceutical companies by way of exhibition stand space and sponsorship which is limited to the funding of educational content of the meeting.

Programme

Time	Session	Speaker
08:30	Registration, lunch & exhibition viewing	
09:15	Opening and Welcome	Shalini Andrews – CNWL Sexual Health
09:20	Unpacking Sexual Function and Wellbeing – NATSAL 4 Perspectives <i>What population data reveals about sexual diversity, wellbeing and contemporary sexual lives.</i>	Kirstin Mitchell
09:50	Beyond the Missionary Position: Sexual Diversity and Wellbeing <i>Challenging sexual norms and celebrating diversity through a sexpositive wellbeing lens.</i>	Julie Sale – Contemporary Institute of Clinical Sexology
10:20	When Sex Feels Out of Control: Supporting Change without Shame <i>A thoughtful exploration of sexual behaviour change focused on understanding, agency and wellbeing.</i>	Mike Yates – 56 Dean Street
10:50	Refreshment Break	
11:15	Exploring Ejaculatory Diversity: A Sex-Positive Approach <i>A fresh, inclusive exploration of ejaculatory experiences that moves beyond diagnosis to context, meaning, and connection.</i>	Penny Goold – Whittall Street Clinic
11:45	Breaking the Cycle of Sexual Pain: Pathways to Comfort and Confidence <i>Understanding the patterns that maintain sexual pain and exploring practical ways forward.</i>	Jess Gaddie – Royal London Hospital
12:15	From Core to Confidence: The Pelvic Floor in Sexual Wellness <i>Reframing pelvic floor health as a foundation for pleasure, confidence, and sexual wellbeing.</i>	Sarah Wolujewicz – Imperial College Healthcare NHS Trust Katie Webb
12:45	Lunch Break	
13:30	Workshop 1 <i>Delegates will be advised of their pre-allocated workshop ahead of the event.</i>	See Workshop Section

14:20	Workshop 2 <i>Delegates will be advised of their pre-allocated workshop ahead of the event.</i>	See Workshop Section
15:05	Refreshment Break	
15:25	Workshop 3 <i>Delegates will be advised of their pre-allocated workshop ahead of the event.</i>	See Workshop Section
16:15	Where Next? Training Pathways in Sexual Function and Wellbeing <i>A clear guide to learning opportunities, training routes and professional development in sexual wellbeing</i>	Kiersten Simmons – Royal Sussex
16:45	Conference close	

Workshops

Upon registration, please indicate your preferred 3 workshops out of the 4 workshops that are being offered. Please note that your preferred workshops are not guaranteed. Delegates will be advised of their allocation ahead of the event.

Workshop Title	Presenter
Rethinking Sexual Desire: What It Is and Why It Matters <i>Normalising variation in desire and arousal while supporting individuals and couples without blame.</i>	Karen Gurney Jane Ashby – CNWL
Pleasure Over Performance: Rethinking Erectile Dysfunction <i>Moving beyond performance pressure to confidence, connection, and shared pleasure.</i>	Karl Hollows – Midlands Partnership NHS Foundation Trust
Behind Closed Doors: Demystifying Psychosexual Therapy <i>An open look at what really happens in psychosexual therapy—and how it supports change.</i>	Hu Clarke Agnes Mosobela – St Mary's Hospital
Getting It On While Getting On <i>Exploring desire, pleasure, and intimacy in later life with curiosity and confidence.</i>	Ali Mears – Imperial College Healthcare NHS Trust

Speakers

Shalini Andrews	Biography Pending
Jane Ashby	Biography Pending
Hu Clarke	Biography Pending
Jess Gaddie	Biography Pending
Penny Goold	Biography Pending
Karen Gurney	Biography Pending
Karl Hollows	Biography Pending
Ali Mears	Biography Pending
Kirsten Mitchell	Biography Pending
Agnes Mosobela	Biography Pending
Suzanne Noble	Biography Pending
Julie Sale	Biography Pending
Kiersten Simmons	Biography Pending
Katie Webb	Biography Pending
Sarah Wolujewicz	Biography Pending
Mike Yates	Biography Pending