Free training to increase your knowledge around HIV and young people, awareness of the needs of young LGB people, and appropriate SRE, including for young gay men.
These free, specialised training courses are provided by Terrence Higgins Trust to professionals working with young people across England and Wales.

It’s suitable to anyone wanting to increase or refresh their knowledge around young LGB people’s needs in education, youth or clinical settings.

These bespoke courses can be delivered at your place of work or a venue you set up – or we can arrange a venue if that helps! These bespoke courses are particularly good for your team to develop strategies for your own workplace and we will always seek to tailor the course to your specific needs.

For bespoke courses and further information contact:
Phillip Wragg
Sector Development Officer – Young Gay Men
Terrence Higgins Trust
phillip.wragg@tht.org.uk
020 7812 1787

Based on the core training subjects (see next page) you can have a course, or session, tailored for your team or organisation. You can pick one of the set courses or “pick and mix” from the subject areas.

The core subjects we cover are:
- Understanding, addressing and tackling homophobia
- HIV and young people
- Delivering sex and relationships education for young gay and bisexual men
- SRE and HIV Awareness delivery and training techniques
- Creating inclusive schools and youth settings for lesbian, gay and bisexual young people
- Mental health issues for young lesbian, gay and bisexual young people

Training will take place at Terrence Higgins Trust’s offices in Kings Cross, London. To book a place on a scheduled course either:
- email health.promotion@tht.org.uk
- call health promotion on 020 7812 1791/1795 or return the booking form at the back of this booklet.

Standard courses

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Standard courses summaries

Course ONE
Understanding, addressing and tackling homophobia
One day course for anyone who works with young people.
This course will increase your knowledge of how society informs homophobic attitudes. We explore "heterosexism" and gain a greater understanding of how attitudes negatively affect lesbian, gay and bisexual young people. The course will provide practical tools for recognising and addressing homophobia and how to tackle homophobic language and behaviour.
Course dates
Thursday 13th November 2008
Friday 13th February 2009

Course TWO
HIV and young people
One day course for anyone who works with young people.
This course will increase your understanding of HIV and how it affects young people. You will gain a greater understanding of the needs of HIV positive young people and explore a range of topics relating to HIV infection, including prevention, diagnosis, disclosure, treatment and care. We will update your knowledge of support services and how to deal with myths and fears about HIV.
Course dates
Friday 14th November 2008
Friday 12th December 2008
Wednesday 18th March 2009

Course THREE
Delivering sex and relationships education for young gay and bisexual men
One day course for professionals involved in SRE, or others who need skills and knowledge on providing support, information and advice to young gay and bisexual men.
This course considers ways of educating young gay and bisexual men in sexual health that are effective and relevant to their needs. You will enhance your understanding of current approaches to health promotion among young gay and bisexual men and learn about the specific health needs of young gay and bisexual men. The course also explores how to address these needs sensitively within SRE.
Course dates
Friday 5th December 2008
Monday 16th February 2009
Friday 27th March 2009

Course FOUR
SRE and HIV awareness delivery and training techniques
One day course for professionals involved in the delivery of SRE or providing training and delivery resources to others.
This course reflects on existing practice and identifies the knowledge and skills needed to deliver SRE. We consider a variety of creative delivery techniques and review resources available to support SRE training. Participants will gain practical training tips specific to HIV and explore exercises for delivering SRE training to colleagues.
Course dates
Friday 21st November 2008
Wednesday 18th February 2009
Tuesday 31st March 2009

Course FIVE
Creating inclusive schools and youth settings for lesbian, gay and bisexual young people
One day course for teachers (including PSHE teachers), youth workers and other professionals working with young people over the age of 11 in formal learning environments.
This course will increase your understanding of the need for inclusive schools and provide practical ideas on how to incorporate LGB issues into subjects right across the curriculum.
The course will look at mental health issues for young lesbian, gay and bisexual people and review appropriate support and referral pathways. We will examine responses to bullying and discriminatory language, as well as ensuring that all students have access to age appropriate information regarding LGB issues.
Course dates
Friday 27th February 2009
Friday 20th March 2009
Schedule of planned courses

November 2008

Thursday 13th
Understanding, addressing and tackling homophobia

Friday 14th
HIV and young people

Friday 21st
SRE and HIV awareness delivery and training techniques

December 2008

Friday 5th
Delivering sex and relationships education for young gay and bisexual men

Friday 12th
HIV and young people

February 2009

Wednesday 4th
HIV and young people

Friday 6th
Creating inclusive schools and youth settings for lesbian, gay and bisexual young people

Friday 13th
Understanding, addressing and tackling homophobia

Wednesday 18th
SRE and HIV awareness delivery and training techniques

Monday 16th
Delivering sex and relationships education for young gay and bisexual men

Friday 27th
Creating inclusive schools and youth settings for lesbian, gay and bisexual young people

March 2009

Wednesday 18th
HIV and young people

Friday 20th
Creating inclusive schools and youth settings for lesbian, gay and bisexual young people

Friday 27th
Delivering sex and relationships education for young gay and bisexual men

Tuesday 31st
SRE and HIV awareness delivery and training techniques

Booking form

Please complete the booking form and post or fax to:
Health Promotion (training)
Terrence Higgins Trust
314 – 320 Grays Inn Road,
London, WC1X 8DP
Fax: 020 7812 1799
Or email your booking to
health.promotion@tht.org.uk

Course date:

Course title/titles:

Name:

Email:

Phone:

Mobile:

Job title:

Organisation:

Address: